



# WELCOME

## INVERLEITH HOCKEY CLUB



SEASON 2021/22



## WELCOME TO INVERLEITH HOCKEY CLUB

We are Edinburgh's hockey club for everyone.

We have a 100 year old history of being an inclusive, family-orientated club.

With hockey programmes for under eights through to veterans, catering for everyone from social players to internationals, we are a club for any player.

Welcome to or welcome back to Inverleith Hockey Club!





## WELCOME TO OUR YOUTH ACADEMY

Inclusion.

Development.

Enjoyment.

As a youth academy we focus on the development and enjoyment of all our junior players, supporting them to fulfil their potential and develop a long lasting love of hockey.





## CONTENTS

5-6 : The Big Purple Print

10 : Training Times and Term Dates

12 : Location

13-14: Kit

15 : Registration

16-17 : Subscriptions

18-20: Communications

21-26 :What Will I Learn?

27-32 : Selection Policy

33-34 : Key Contacts

35-38 : Code Of Conduct

# THE BIG PURPLE PRINT

## OUR WAY

Our Purple family places a lot of importance on two community building behaviours, and this season we will be asking everyone to live by them.



### LISTEN TO EVERYONE

We give anyone speaking our undivided attention and respect.



### SPEAK TO EVERYONE

We speak to and grow relationships with everyone.





## OUR PLAY

At every level our hockey is characterised by an intent to go forward.

We play exciting attack-minded hockey. In possession we always look to go forward. Out of possession we look to win the ball back as quickly as possible, so we can go forward again.



# THE SMALL PURPLE PRINT

---

WELCOME





## WE NEED HELP

We are not a fully paid for service run by professionals.

We are an amateur sports club, who has a few paid coaches but whose life blood is parent volunteers. Our membership fees reflect this.

The various volunteer roles we need are not onerous and can be done by rota/in combination. Hockey experience is also not essential, due to the amount of guidance provided.

We are currently looking for volunteers to be age group administrators and on pitch coaching assistants.

If you can help with either, please email [youthheadcoach@inverleith-hc.co.uk](mailto:youthheadcoach@inverleith-hc.co.uk).

It will be massively appreciated.





## WHAT HOCKEY IS ON OFFER THIS SEASON?

We have training for all players, whatever their ability, age or aspirations, led by our team of coaches.

Throughout the season, all our players will also compete in friendly matches, tournaments, leagues or cup competitions.

# WHAT HOCKEY IS ON OFFER THIS SEASON?

Youth training will be held at the following times and venues.

Age Group	Day	Time	Venue
Under 8	Sunday	10:00 – 11:30	Edinburgh Academy Junior School Pitch
Under 10	Sunday	10:00 – 11:30	Edinburgh Academy Newfield Pitches
Under 12	Sunday	10:00 – 11:30	Edinburgh Academy Newfield Pitches
Under 14	Sunday	11:45 – 13:15	Edinburgh Academy Newfield Pitches
Under 14	Wednesday	18:45 – 20:20	Edinburgh Academy Newfield Pitches
Under 14 GKs	Wednesday	18:45 – 20:20	Edinburgh Academy Newfield Pitches
Men's Academy (all boys aged 14-18)	Sunday	13:30 – 15:00	Edinburgh Academy Newfield Pitches
Ladies Academy (all girls aged 14-18)	Sunday	13:30 – 15:00	Edinburgh Academy Newfield Pitches
Under 18 GKs	Sunday	11:45 – 13:15	Edinburgh Academy Junior School Pitch

Winter Term: September 12<sup>th</sup> 2021 - December 1<sup>st</sup> 2021

Exclusive of 11<sup>th</sup> - 25<sup>th</sup> October Holiday

Spring Term: January 16<sup>th</sup> 2022 - April 30<sup>th</sup> 2022

Exclusive of 2<sup>nd</sup> - 19<sup>th</sup> April Easter Holiday

Summer Term: May 1<sup>st</sup> 2022 - June 19<sup>th</sup> 2022





## NEW PROGRAMME: MEN'S AND LADIES' ACADEMIES

Our Men's and Ladies' Academies are programmes which ensure all our girls and boys aged 14-18 receive regular training sessions and matches and develop further as hockey players.

All players aged 14-17 on the 1st of January in the season enter an Academy.

Each Academy is split into a Development group and a Performance group. Who each have a dedicated coaching team and will play their own mixture of youth league, cup and friendly games and adult friendlies.



## YOUR JOURNEY



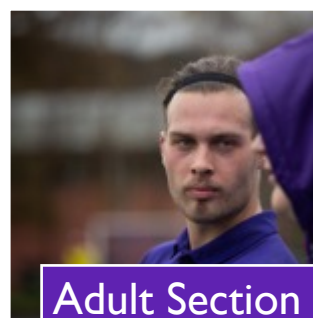
### Youth Academy

- U8
- U10
- U12
- U14



### Men's and Ladies' Academies

- U16
- U18



### Adult Section

- Men's teams
- Ladies' teams
- Veteran's teams





## WHERE ARE WE?

We play where the club was founded, Inverleith Park.

### HOME PITCH ADDRESS:

Edinburgh Academy Newfield

2 East Fettes Avenue EH4 1DL

We also use:

Edinburgh Academy Junior School Pitch

10 Arboretum Road EH3 5PL





## CLUB KIT

Our club are proud to wear Purple, and bar a wartime shortage of purple fabric, have done so for over 100 years! Our club kit is made by Adidas and is sourced for us by the fantastic PSL Team Sports and will be available for you to purchase, via an online club shop and in person, at PSL's Edinburgh Shop.

What items am I expected to own?

- Home top, skorts/shorts and socks.

What personalisation should I get on my kit?

- U8/10/12 to get first names not numbers on back of shirt
- Over 12s to get numbers on shirt. If you need a number, YOU MUST email [getyourpurplerobes@gmail.com](mailto:getyourpurplerobes@gmail.com) to be issued one, this is to prevent number duplication across club.
- Leisurewear can be personalised with initials only.





## CLUB KIT

Our stores:

- <http://www.inverleith-hc.co.uk/club-shop/>
- Aitken & Niven, 6 Falcon Road West, Morningside, Edinburgh, EH10 4AQ (PSL operate out of the Aitken & Niven store)

What items can I get online?

- All our leisure wear
- All our home and away kit

What items can I get in our physical store?

- All our leisure wear
- All our home and away kit
- In store, initials and numbers can usually be applied to kit on the same day as purchase.

For issues regarding kit please contact [getyourpurplerobes@gmail.com](mailto:getyourpurplerobes@gmail.com)



## REGISTRATION

Ready to sign up to a season with Inverleith Hockey Club?

To join or rejoin our club you must complete an online registration form.

Upon completion you will receive a confirmation email and information about how to pay subscriptions.

It is as easy as that!

The online form can be found here:

<http://www.inverleith-hc.co.uk/youth-registration-form>





## SUBSCRIPTIONS

Outdoor fees, determined by age as at 1st January 2022:

- 6-11 years: £145
- 12-18 years: £180

Due to the potential cancellation of the season due to Covid-19, we are asking members to pay in two installments.

- 6-11: September 2021 £80 / February 2022 £65
- 12-18: September 2021 £100 / February 2022 £80



## SUBSCRIPTIONS

Account Name: Inverleith Hockey Club

Account Number: 06001708

Sort Code: 80-02-28

Reference: Subs-FIRST INITIAL-  
SURNAME

Payment can be made in installments of your choice by special arrangement, please contact our treasurer to discuss:

[inverleithtreasurer@gmail.com](mailto:inverleithtreasurer@gmail.com)

One payment per player. This helps keep our administration easy.





## COMMUNICATION

### Web Site

The Inverleith Hockey Club website can be found at:

<http://www.inverleith-hc.co.uk/>

This is the source for all key information.

### Social Media

Facebook Page: Our main community hub. Follow for club news and events!

Instagram: Your insight into club life! Follow for photos and videos from around the club.

Twitter: Another feed for club news!

Twitter: @Inverleithhc

Facebook: Inverleith Hockey Club

Instagram: Inverleith Hockey Club



## COMMUNICATION

### Members Facebook Group

The club has a Members Facebook Group. This group serves as a forum, out of the public eye, for club discussions about anything from training cancellations, arranging club events to organising umpires.

We recommend joining this community.

<https://www.facebook.com/groups/461196747381937/>

### Teamer

We will be managing our season through the sports management app Teamer. Events will be made on Teamer, invites will be sent, you will receive a text or email and you will be asked to reply Yes or No to the event - easy as that. It is even easier if you download the free app!

You will receive an invite to join Teamer from your team manager.





## CANCELLATIONS

If a session is cancelled, we will notify you by the following channels:

- The website home page will be updated with a cancellation notification
- Notification of cancellation will be shared on Facebook page and Facebook Members Group
- Email will be sent to all affected.



WHAT WILL I LEARN?

---

WELCOME



# LEARNING OBJECTIVES: U8s

ASPECT	PLAYERS WILL...
Fun	<ul style="list-style-type: none"><li>• Have loads of fun.</li></ul>
Go forward	<ul style="list-style-type: none"><li>• Dribble to space away from defenders.</li></ul>
Winning the ball back	<ul style="list-style-type: none"><li>• Try to win the ball back.</li><li>• Not swing when tackling.</li></ul>
Social	<ul style="list-style-type: none"><li>• Listen to everyone.</li><li>• Speak to everyone.</li></ul>
Interpersonal	<ul style="list-style-type: none"><li>• Work effectively with others to identify, define and solve problems.</li><li>• Communicate their thoughts and feelings on drill or game situations to others.</li><li>• Deal with negative feelings and emotions constructively, using talking as a problem solving tool.</li></ul>
Receiving	<ul style="list-style-type: none"><li>• Control the ball and have it glued to the stick as quickly as possible when it is passed to their front stick or reverse.</li></ul>
Evasion	<ul style="list-style-type: none"><li>• Try and use changes of direction to get away from defenders.</li></ul>
Moving the ball	<ul style="list-style-type: none"><li>• Carry ball in middle of stance.</li><li>• Look up and maintain vision of pitch.</li><li>• Hold the stick correctly.</li></ul>
Passing	<ul style="list-style-type: none"><li>• Push the ball effectively.</li></ul>
Physical	<ul style="list-style-type: none"><li>• Perform basic agility and co-ordination.</li></ul>
Rules	<ul style="list-style-type: none"><li>• Have an understanding of the rules, pitch dimensions and fouls to enable games to occur.</li></ul>

# LEARNING OBJECTIVES: U10s

ASPECT	PLAYERS WILL...
Fun	<ul style="list-style-type: none"><li>• Have loads of fun.</li></ul>
Go forward	<ul style="list-style-type: none"><li>• Play to space, dribbling or passing through space away from defenders.</li><li>• Know their next action, so they can capitalise on opportunities.</li></ul>
Winning the ball back	<ul style="list-style-type: none"><li>• Try to win the ball back as quickly as possible.</li><li>• Deny an attacker space quickly, to stop them going forward and so they get into a position where they can tackle.</li><li>• Not swing when tackling.</li></ul>
Social	<ul style="list-style-type: none"><li>• Listen to everyone</li><li>• Speak to everyone</li></ul>
Interpersonal	<ul style="list-style-type: none"><li>• Work effectively with others to identify, define and solve problems.</li><li>• Communicate their thoughts and feelings on drill or game situations to others.</li><li>• Deal with negative feelings and emotions constructively, using talking as a problem solving tool.</li></ul>
Receiving	<ul style="list-style-type: none"><li>• Effectively control a variety of ball feeds i.e. flat, bouncing, reverse etc.</li><li>• Move to space with their first touch if capable.</li><li>• Position their body when receiving to make their next action easier.</li></ul>
Evasion	<ul style="list-style-type: none"><li>• Try and use changes of direction to get away from defenders.</li><li>• Protect the ball with their body when dribbling.</li></ul>
Moving the ball	<ul style="list-style-type: none"><li>• Carry ball in middle of stance.</li><li>• Look up and maintain vision of pitch.</li><li>• Hold the stick correctly.</li></ul>
Passing	<ul style="list-style-type: none"><li>• Push and sweep the ball effectively.</li><li>• Be introduced to the hit if capable.</li></ul>
Physical	<ul style="list-style-type: none"><li>• Perform basic agility and co-ordination.</li></ul>
Rules	<ul style="list-style-type: none"><li>• Have the ability to play games without constant reminding of the rules.</li></ul>



# LEARNING OBJECTIVES: UI2s

ASPECT	PLAYERS WILL...
Fun	<ul style="list-style-type: none"><li>• Have loads of fun</li></ul>
Go forward	<ul style="list-style-type: none"><li>• Constantly scan the pitch to gather information.</li><li>• Play to space, dribbling or passing through space away from defenders.</li><li>• Know their next action, so they can capitalise on opportunities.</li></ul>
Winning the ball	<ul style="list-style-type: none"><li>• Try to win the ball back as quickly as possible.</li><li>• Deny an attacker space quickly, to stop them going forward and so they get into a position where they can tackle.</li><li>• Dictate where attackers can go, to stop them going forward and so they get into a position where they can tackle.</li></ul>
Social	<ul style="list-style-type: none"><li>• Listen to everyone</li><li>• Speak to everyone</li></ul>
Interpersonal	<ul style="list-style-type: none"><li>• Work effectively with others to identify, define and solve problems.</li><li>• Communicate their thoughts and feelings on drill or game situations to others.</li><li>• Deal with negative feelings and emotions constructively, using talking as a problem solving tool.</li></ul>
Personal	<ul style="list-style-type: none"><li>• Be self organising. They will figure out their own solutions and make their own decisions.</li><li>• Be self aware. They will reflect on their performance and engage in purposeful practice.</li></ul>
Receiving	<ul style="list-style-type: none"><li>• Effectively control a variety of ball feeds i.e. flat, bouncing, reverse etc.</li><li>• Move to space with their first touch if capable.</li><li>• Position their body when receiving to make their next action easier</li></ul>
Evasion	<ul style="list-style-type: none"><li>• Try and use changes of direction to get away from defenders.</li><li>• Protect the ball with their body when dribbling.</li><li>• Try and use lifts to move away from defenders.</li></ul>
Moving the ball	<ul style="list-style-type: none"><li>• Carry ball in middle of stance.</li><li>• Look up and maintain vision of pitch.</li><li>• Protect the ball.</li></ul>
Passing	<ul style="list-style-type: none"><li>• Push, sweep and hit the ball effectively.</li><li>• Explore reverse sweep or hit if capable.</li></ul>
Physical	<ul style="list-style-type: none"><li>• Perform basic agility and co-ordination</li></ul>

# LEARNING OBJECTIVES: UI4s

ASPECT	PLAYERS WILL...
Fun	<ul style="list-style-type: none"> <li>Have loads of fun</li> </ul>
Go forward	<ul style="list-style-type: none"> <li>Always look for the most direct route to goal.</li> <li>Constantly scan the pitch to gather information.</li> <li>Play to space, dribbling or passing through space away from defenders.</li> <li>Know their next action, so they can capitalise on opportunities.</li> <li>Support the ball carrier.</li> </ul>
Winning the ball	<ul style="list-style-type: none"> <li>Try to win the ball back as quickly as possible.</li> <li>Deny an attacker space quickly, to stop them going forward and so they get into a position where they can tackle.</li> <li>Dictate where attackers can go, to stop them going forward and so they get into a position where they can tackle.</li> <li>Disrupt dribbles by getting their stick in.</li> </ul>
Social	<ul style="list-style-type: none"> <li>Listen to everyone</li> <li>Speak to everyone</li> </ul>
Interpersonal	<ul style="list-style-type: none"> <li>Work effectively with others to identify, define and solve problems.</li> <li>Communicate their thoughts and feelings on drill or game situations to others.</li> <li>Deal with negative feelings and emotions constructively, using talking as a problem solving tool.</li> </ul>
Personal	<ul style="list-style-type: none"> <li>Be self organising. They will figure out their own solutions and make their own decisions.</li> <li>Be self aware. They will reflect on their performance and engage in purposeful practice.</li> </ul>
Receiving	<ul style="list-style-type: none"> <li>Effectively control a variety of ball feeds i.e. flat, bouncing, reverse etc.</li> <li>Move to space with their first touch if capable.</li> <li>Position their body when receiving to make their next action easier.</li> </ul>
Evasion	<ul style="list-style-type: none"> <li>Try and change direction to move away from defenders.</li> <li>Protect the ball with their body when dribbling.</li> <li>Try and use lifts to move away from defenders.</li> <li>Try to use deception to move away from defenders.</li> </ul>
Passing	<ul style="list-style-type: none"> <li>Push, sweep, hit and reverse sweep consistently.</li> <li>Develop reverse hit if capable.</li> </ul>
Moving the ball	<ul style="list-style-type: none"> <li>Carry ball in middle of stance.</li> <li>Look up and maintain vision of pitch.</li> <li>Protect the ball.</li> </ul>
Goal scoring	<ul style="list-style-type: none"> <li>Execute shooting skills inside the circle to get something on goal.</li> </ul>
Physical	<ul style="list-style-type: none"> <li>Perform basic agility and co-ordination</li> </ul>
Tactical	<ul style="list-style-type: none"> <li>Help create solutions for winning the ball back as a team.</li> <li>Help create solutions for team shape, which give us opportunities to go forward.</li> </ul>



# LEARNING OBJECTIVES: ACADEMIES

ASPECT	PLAYERS WILL...
Fun	<ul style="list-style-type: none"><li>• Have loads of fun</li></ul>
Go forward	<ul style="list-style-type: none"><li>• Always look for the most direct route to goal.</li><li>• Constantly scan the pitch to gather information.</li><li>• Play to space, dribbling or passing through space away from defenders.</li><li>• Know their next action, so they can capitalise on opportunities.</li><li>• Support the ball carrier.</li></ul>
Winning the ball	<ul style="list-style-type: none"><li>• Try to win the ball back as quickly as possible.</li><li>• Deny an attacker space quickly, to stop them going forward and so they get into a position where they can tackle.</li><li>• Dictate where attackers can go, to stop them going forward and so they get into a position where they can tackle.</li><li>• Disrupt dribbles by getting their stick in.</li></ul>
Social	<ul style="list-style-type: none"><li>• Listen to everyone</li><li>• Speak to everyone</li></ul>
Interpersonal	<ul style="list-style-type: none"><li>• Work effectively with others to identify, define and solve problems.</li><li>• Communicate their thoughts and feelings on drill or game situations to others.</li><li>• Deal with negative feelings and emotions constructively, using talking as a problem solving tool.</li></ul>
Personal	<ul style="list-style-type: none"><li>• Be self organising. They will figure out their own solutions and make their own decisions.</li><li>• Be self aware. They will reflect on their performance and engage in purposeful practice.</li></ul>
Receiving	<ul style="list-style-type: none"><li>• Effectively control a variety of ball feeds i.e. flat, bouncing, reverse etc.</li><li>• Move to space with their first touch if capable.</li><li>• Position their body when receiving to make their next action easier.</li></ul>
Evasion	<ul style="list-style-type: none"><li>• Try and change direction to move away from defenders.</li><li>• Protect the ball with their body when dribbling.</li><li>• Try and use lifts to move away from defenders.</li><li>• Try to use deception to move away from defenders.</li></ul>
Passing	<ul style="list-style-type: none"><li>• Push, sweep, hit and reverse sweep consistently.</li><li>• Develop reverse hit if capable.</li></ul>
Moving the ball	<ul style="list-style-type: none"><li>• Carry ball in middle of stance.</li><li>• Look up and maintain vision of pitch.</li><li>• Protect the ball.</li></ul>
Goal scoring	<ul style="list-style-type: none"><li>• Execute shooting skills inside the circle to get something on goal.</li><li>• Develop penalty corner attack and defence skills</li></ul>
Physical	<ul style="list-style-type: none"><li>• Perform basic agility and co-ordination</li></ul>
Tactical	<ul style="list-style-type: none"><li>• Help create solutions for winning the ball back as a team.</li><li>• Help create solutions for team shape, which give us opportunities to go forward.</li></ul>



## SELECTION POLICY





## WHAT DO WE WANT TO ACHIEVE?

- Opportunities for everyone at our club to PARTICIPATE both in training and matches.
- Opportunities to stretch the PERFORMANCE of all players appropriately.
- Opportunities for everyone to enjoy hockey with their PEERS.

This selection policy lays out how we will achieve the above.

# SELECTION POLICY

Players age groups are defined by their age on the 01/01/2022.

## U8, U10 and U12

- Participation: Participation for all. We do our best to ensure every player receives equal invites to match days. Every training session open to all.
- Performance: At this age teams are not picked based on performance, we instead pick teams based on school year. High performing players are instead stretched with additional content.
- Peers: Primary focus is on players playing with peers.

## U14, U16 and U18

- Participation: Participation for all. We do our best to ensure every player receives equal invites to match days. Every training session open to all.
- Performance: To ensure we stretch the performance of all players appropriately, at this age players are seeded on performance, into teams who compete in different leagues.
- Peers: We still aim to guarantee players are playing with peers.

We will consider moving players up or down an age group if:

- We think a new age group will provide appropriate stretch
- All their peers are in another age group.

Decision making:

- Team Managers are NOT involved in selections, please do not bring them into selection debates; as you can imagine this is sometimes uncomfortable for them!
- For all selection discussions please contact our Head of Youth Thomas Barton ONLY: [youthheadcoach@inverleith-hc.co.uk](mailto:youthheadcoach@inverleith-hc.co.uk), 07914296848





## PERFORMANCE SELECTIONS

When we select players for opportunities based on their performance, we consider the following three criteria:

- **Talent:** A player's performance against the learning objectives [see previous] for their age group.
- **Behaviours:** An athlete's long term improvement is not determined by talent, but by behavioural traits. Therefore when identifying players for performance opportunities we prioritise considering behavioural traits and not talent.
- **Stretch:** We must consider whether the intensity of the game play will be enjoyable and beneficial to the player and therefore appropriate.





## DISTRICT NOMINATIONS

We can nominate players to trial to represent their District. For each of these opportunities our policy is we nominate based on our belief in whether a player could make the final District squad. Nomination process:

- All players in an age group given an opportunity to identify to Head of Youth they would like to be considered for District selection
- Head of Youth consults age group Head Coaches on who to nominate
- Head of Youth circulates a list of names to Ladies 1s Head Coach and Men's 1s Head Coach for sign off
- All players who wanted to be considered for District selection given feedback on their nomination or non-nomination.





## KEY CONTACTS

# KEY CONTACTS

## Logistics:

- Each age group has a Team Manager who will be your primary contact for all match day and training logistics. You will receive an email confirming the details of who your Team Manager is.

## Selections:

- Head of Youth ONLY.

## Registration:

- Youth Secretary | Claire Tait | [inverleithyouthsecretary@gmail.com](mailto:inverleithyouthsecretary@gmail.com)

## Payment:

- Club Treasurer | David Barton: [treasurer@inverleith-hc.co.uk](mailto:treasurer@inverleith-hc.co.uk)

## General Queries:

- Head of Youth.

Head of Youth: Thomas Barton

Tom is responsible for our Youth programme. His day to day role sees him manage our team of volunteers and coaches and work to design and monitor what we deliver.

[youthheadcoach@inverleith-hc.co.uk](mailto:youthheadcoach@inverleith-hc.co.uk)

07914296848

For all club matters beyond the remit of the above please contact our President, Paul Bowyer, now into his 9<sup>th</sup> term.

Paul Bowyer: [president@inverleith-hc.co.uk](mailto:president@inverleith-hc.co.uk)





## CODE OF CONDUCT

— WELCOME —

# Player Code of Conduct

A code designed to ensure we all know how to behave when representing the club both in club kit and beyond. When completing our online registration form you will be asked to sign up to this code.

The following Codes of Conduct are based on the concept of fair play, defined by:

- Respect for the rules of Field Hockey as governed by the FIH and as directed by Scottish Hockey;
- Respect for the officials and their decisions, always;
- Respect for all participants, including team-mates, coaches, opponents, parents, carers and spectators;
- Equality in participation;
- Maintaining positive self-control, at all times.

## PLAYER CODE OF CONDUCT

- Make our sport fun and enjoyable, first and foremost;
- Play fairly and encourage your team-mates;
- Display good sportsmanship at all times;
- Never threaten players or officials;
- All players must play within the rules and respect officials and their instructions and decisions;
- Never use foul or abusive language to either your team-mates, officials, spectators or opponents;
- Respect the choices of all members;
- As a representative of Inverleith Hockey Club, you must behave well and in an appropriate manner at all times;
- Police each other. Set an example for yourself and all to follow;
- Pay any fees for training or events promptly;
- Do not use social media as a platform to be abusive to other members of the club, opponents or officials. This will not be tolerated;
- Reply promptly to match invitations;



# Player Code of Conduct

- Keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late;
- Wear suitable kit for training and match sessions, as agreed with the coach/team manager;
- Engage with what my coach tells me. Take ownership of your development;
- Listen to everyone;
- Speak to everyone;
- Talk to someone I trust if I'm unhappy about anything at my club;
- Abide by our Covid-19 Guidelines;
- Substance use / abuse:
  - All players must abide by the Scottish Hockey Anti-Doping Rules
  - All players must not use illegal substances whilst at club events or whilst representing the club
  - All players must not promote the use of illegal substances;

Hockey is a great team sport to be involved in and your conduct is central to enjoyment of the game. Particularly be aware of how your actions affect those of your team-mates and opposition.

‘Lead, do not follow’ - play your part and do your best.

# Spectator Code of Conduct

In addition to our Player Code of Conduct we also have a Spectator Code of Conduct:

- All spectators must respect players, coaches and officials and their decisions. The use of bad language or negative comments which may cause offence will not be tolerated. Spectators displaying these kinds of behaviours will be asked to leave the pitch and the Club reserves the right to ask the relevant player to leave the Club. This covers training sessions and matches and also applies to the use of Social Media;
- Spectators should applaud good play on both teams;
- Spectators should be role models congratulating opponents and making their players and coaches feel welcome;
- Listen to everyone;
- Speak to everyone;
- Abide by our Covid-19 Guidelines.



# WELCOME

**Paul Bowyer | President**

**T:** 07782326109

**E:** [president@inverleith-hc.co.uk](mailto:president@inverleith-hc.co.uk)