



WELCOME

INVERLEITH HOCKEY CLUB



SEASON 2022/23



WELCOME TO INVERLEITH HOCKEY CLUB

We are Edinburgh's hockey club for everyone.

We have a 100 year old history of being an inclusive, family-orientated club.

With hockey programmes for under eights through to veterans, catering for everyone from social players to internationals, we are a club for any player.

Welcome to or welcome back to Inverleith Hockey Club!



WELCOME TO OUR YOUTH ACADEMY

Inclusion.

Development.

Enjoyment.

As a youth academy in a family orientated club we focus on the development and enjoyment of all our junior players, supporting them to fulfil their potential and develop a long lasting love of hockey.



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THE BIG PURPLE PRINT

OUR WAY

Our Purple family places a lot of importance on two community building behaviours, and this season we will be asking everyone to live by them.



LISTEN TO EVERYONE

We give anyone speaking our undivided attention and respect.



SPEAK TO EVERYONE

We speak to and grow relationships with everyone.



THE SMALL PURPLE PRINT

WELCOME



WE NEED HELP

We are not a fully paid for service run by professionals.

We are an amateur sports club, who has a few paid coaches but whose life blood is parent volunteers. Our membership fees reflect this.

The various volunteer roles we need are not onerous and can be done by rota/in combination. Hockey/sports experience is also not essential, due to the amount of guidance provided.

Our hockey programme, which gets 350+ kids playing hockey, is reliant on volunteers. Please help us.

Find an overview of roles we need support with on the next page.



KEY VOLUNTEER ROLES

Team Manager:

Primary responsibility: Assigned a team or teams and is responsible for assembling squads for match days across the season. Required for all age groups.

Training Session Helper:

Primary responsibility: On a rota support the head coach to deliver their session. Required for U8, U10 and U12.

Match Day Helper:

Primary responsibility: On a rota help run a team on a match day, getting them to the right pitch and running substitutions. Required for U8, U10, U12 and U14.

If you can help with any, please email:

youthheadcoach@inverleith-hc.co.uk.

It will be massively appreciated.



OTHER VOLUNTEER ROLES

We would also love support in roles relating to:

- Child protection administration
- Fundraising
- Content creation i.e. photography, videography etc.
- General administration i.e. organising databases

If you can help with any, please email:

youthheadcoach@inverleith-hc.co.uk.

It will be massively appreciated.



WHAT HOCKEY IS ON OFFER THIS SEASON?

We have training for all players, whatever their ability, age or aspirations, led by our team of coaches.

Throughout the season, all our players will also compete in friendly matches, tournaments, leagues or cup competitions.

WHAT HOCKEY IS ON OFFER THIS SEASON?

Youth hockey will be held at the following times and venues.

Age Group	Training	Games: Pending selections
Under 8 P2 – P3 Mixed	Youth training	Youth matches
Under 10 P4 – P5 Mixed	Sunday weekly 10:00 – 11:30 Edinburgh Academy Newfield Pitches	Ad hoc across season on a Sunday morning instead of training. At various locations in Edinburgh.
Under 12 P6 - P7 Mixed		
Under 14 S1 – S2 Mixed	Youth training Wednesday weekly 18:45 – 20:20 Edinburgh Academy Newfield Pitches	Youth matches Matches every second week on a Sunday morning instead of training. At various locations in Edinburgh.
	Youth training Sunday weekly 11:45 – 13:15 Edinburgh Academy Newfield Pitches	
Under 16 S3 – S4 Boys	Youth training Sunday weekly 11:45 – 13:15 Edinburgh Academy Newfield Pitches	Youth matches Fortnightly matches on a Sunday Various times Location likely to be Edinburgh.
Over 16 S5 – S6 Boys	Men's training Tuesday weekly 18:45 – 20:20 Edinburgh location depending on which Men's programme you are in. The Men's 1s and 2s also have an additional session on a Thursday.	Men's Matches If selected into one of our four Men's teams you will play Men's matches Saturday weekly, at various times, at locations likely to be in Edinburgh, with occasional games in East Lothian or the Central Belt.
Under 16 S3 – S4 Girls	Youth training Thursday weekly 18:00 – 19:30 Edinburgh Academy Newfield Pitches Youth training Sunday weekly 11:45 – 13:15 Edinburgh Academy Newfield Pitches	Youth matches Fortnightly matches on a Sunday Various times Location likely to be Edinburgh. Occasionally games are in East Lothian or the Borders

WHAT HOCKEY IS ON OFFER THIS SEASON?

Over 16 S5 – S6 Girls	Ladies training Monday 18:45 – 20:20 Edinburgh Academy Newfield Pitches	Ladies matches If selected into one of our three Ladies teams you will play Ladies matches Saturday weekly, at various times, at locations likely to be in Edinburgh, with occasional games in East Lothian or the Central Belt.
GKs	Youth training Sunday weekly 11:45 – 13:15 Edinburgh Academy Newfield Pitches	Games with age groups, as per above.

Winter Term: August 22nd 2022 - December 4th 2022

Exclusive of 16th – 21st October Half Term Holiday

Spring Term: January 15th 2023 - April 30th 2023

Exclusive of 12th – 18th February Half Term Holiday

Exclusive of 3rd – 16th April Easter Holiday

Summer Term: May 1st 2023 - June 4th 2023



WHERE ARE WE?

We play where the club was founded, Inverleith Park.

HOME PITCH ADDRESS:

Edinburgh Academy Newfield

2 East Fettes Avenue EH4 3DN

WELCOME



CLUB KIT

Our club are proud to wear Purple, and bar a wartime shortage of purple fabric, have done so for over 100 years! Our club kit is made by Adidas and is sourced for us by the fantastic PSL Team Sports and will be available for you to purchase, via an online club shop.

Our store:

- <http://www.inverleith-hc.co.uk/club-shop/>

What items can I get online?

- All our leisure wear
- All our playing kit

For issues regarding kit please contact getyourpurplerobes@gmail.com



CLUB KIT

What items am I expected to own?

U8/10/12

- Home top or purple training top

U14/16 and 16+

- Home top, home socks and home shorts/skort

WATCH OUT FOR OUR KIT SHARE EVENTS FOR CHANCE TO SECURE SECOND HAND KIT.

What personalisation can I get?

- U8/10/12/14 to get no numbers, names or initials on kit. This is so it can be handed into our kit share events. Keep it blank.
- For same reason all over 14s are not to get names or initials on kit. They do need to get numbers on shirts, however, as these are required for adult hockey. If you need a number, YOU MUST email getyourpurplerobes@gmail.com to be issued one.



REGISTRATION

Ready to sign up to a season with Inverleith Hockey Club?

To join or rejoin our club you must complete an online registration form.

Upon completion you will receive a confirmation email and information about how to pay subscriptions.

It is as easy as that!



SUBSCRIPTIONS

Outdoor fees, determined by age as at 1st January 2023:

- 6-11 years: £150
- 12-18 years: £190

To help balance the payments we are asking members to pay in two installments.

- 6-11: September 2022 £85 / February 2023 £65
- 12-18: September 2022 £100 / February 2023 £90



SUBSCRIPTIONS

Account Name: Inverleith Hockey Club

Account Number: 06001708

Sort Code: 80-02-28

Reference: Subs-FIRST INITIAL-
SURNAME

Payment can be made in alternative installments by special arrangement, please contact our treasurer to discuss:

inverleithtreasurer@gmail.com

One payment per player. This helps keep our administration easy.



COMMUNICATION

Web Site

The Inverleith Hockey Club website can be found at:

<http://www.inverleith-hc.co.uk/>

This is the source for all key information.

Social Media

Facebook Page: Our main community hub. Follow for club news and events!

Instagram: Your insight into club life! Follow for photos and videos from around the club.

Twitter: Another feed for club news!

Twitter: @Inverleithhc

Facebook: Inverleith Hockey Club

Instagram: Inverleith Hockey Club



COMMUNICATION

Members Facebook Group

The club has a Members Facebook Group. This group serves as a forum, out of the public eye, for club discussions about anything from training cancellations, arranging club events to organising umpires.

We recommend joining this community.

<https://www.facebook.com/groups/461196747381937/>

Pitchero

We will be managing our season through the sports management app Pitchero. Events will be made on Pitchero, invites will be sent, you will receive a text or email and you will be asked to reply Yes or No to the event - easy as that. It is even easier if you download the free app!

You will receive an invite to join Pitchero from your team manager.

<https://www.pitchero.com/clubs/inverleithhockeyclub>



SELECTION POLICY

‘Getting it right for every player’



WHAT DO WE WANT TO ACHIEVE?

We want to get it right for every player. What does this mean?

- Opportunities to PARTICIPATE both in training and matches.
- Opportunities to stretch their PERFORMANCE appropriately.
- Opportunities to enjoy hockey with their PEERS.

This selection policy lays out how we will achieve the above.

SELECTION POLICY

Players age groups are defined by their age on the 01/01/2023.

U8, U10 and U12

- **Participation:** Participation for all. We do our best to ensure every player receives equal invites to match days. Every training session open to all.
- **Performance:** At this age teams are not picked based on performance, we instead pick teams based on school year, and high performing players are instead stretched with additional content.
- **Peers:** Primary focus is on players playing with year group peers.

U14 and U16

- **Participation:** Participation for all. We do our best to ensure every player receives equal invites to match days and has an equal opportunity to train.
- **Performance:** At this age, all clubs we compete against seed their teams. Therefore, to ensure we stretch the performance of all players appropriately, at this age our players are seeded on performance, into teams who compete in different leagues.
- **Peers:** We still aim to guarantee players are playing with peers where possible.

We will consider moving players up or down an age group if:

- We think a new age group will provide appropriate stretch
- All their peers are in another age group

We want to get it right for every player. We don't always, however. If you feel we haven't achieved the right stretch for your child or have placed them without peers, please discuss this with us.



PERFORMANCE SELECTIONS

When we select players for opportunities based on their performance, we consider the following three criteria:

- **Talent:** A player's performance against the learning objectives for their age group.
- **Behaviours:** An athlete's long term improvement is not determined by talent, but by behavioural traits. Therefore, when identifying players for performance opportunities we also prioritise considering behavioural traits and not talent.
- **Stretch:** We must consider whether the intensity of the game play will be enjoyable and beneficial to the player and therefore appropriate.



PERFORMANCE PATHWAYS

Scottish Hockey run a national player pathway. Players at our club are offered access on merit to the following pathway:

1. Club & School
2. East District Development Sessions
3. East District Emerging
4. East District Aspiring
5. BRAVE Academy Emerging
6. BRAVE Academy Aspiring

Our age group coaches meet regularly to assess players to identify players that have reached the appropriate level to be nominated to attend representative sessions.

Your child's age group head coach or our head of youth will be happy to discuss the nomination process with you.



KEY CONTACTS

KEY CONTACTS

Logistics:

- Each age group has a Team Manager who will be your primary contact for all match day and training logistics. You can find a who's who in the club on our Pitchero Contacts page
<https://www.pitchero.com/clubs/inverleithhockeyclub/contact>.

Selections:

- Head of Youth ONLY.

Registration:

- Youth Secretary | Claire Tait | inverleithyouthsecretary@gmail.com

Payment:

- Club Treasurer | David Barton: treasurer@inverleith-hc.co.uk

General Queries:

- Head of Youth.

Child Welfare & Safeguarding Officer:

- Paul Bowyer: president@inverleith-hc.co.uk

Head of Youth: Thomas Barton

Tom is responsible for our Youth programme. His day to day role sees him manage our team of volunteers and coaches and work to design and monitor what we deliver.

youthheadcoach@inverleith-hc.co.uk 07914296848

For all club matters beyond the remit of the above please contact our President, Paul Bowyer, now into his 10th term.

Paul Bowyer: president@inverleith-hc.co.uk



CODE OF CONDUCT

Player Code of Conduct

A code designed to ensure we all know how to behave when representing the club both in club kit and beyond. When completing our online registration form you will be asked to sign up to this code.

The following Codes of Conduct are based on the concept of fair play, defined by:

- Respect for the rules of Field Hockey as governed by the FIH and as directed by Scottish Hockey;
- Respect for the officials and their decisions, always;
- Respect for all participants, including team-mates, coaches, opponents, parents, carers and spectators;
- Equality in participation;
- Maintaining positive self-control, at all times.

PLAYER CODE OF CONDUCT

- Make our sport fun and enjoyable, first and foremost;
- Play fairly and encourage your team-mates;
- Display good sportsmanship at all times;
- Never threaten players or officials;
- All players must play within the rules and respect officials and their instructions and decisions;
- Never use foul or abusive language to either your team-mates, officials, spectators or opponents;
- Respect the choices of all members;
- As a representative of Inverleith Hockey Club, you must behave well and in an appropriate manner at all times;
- Police each other. Set an example for yourself and all to follow;
- Pay any fees for training or events promptly;
- Do not use social media as a platform to be abusive to other members of the club, opponents or officials. This will not be tolerated;
- Reply promptly to match invitations;

Player Code of Conduct

- Keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late;
- Wear suitable kit for training and match sessions, as agreed with the coach/team manager;
- Engage with what my coach tells me. Take ownership of your development;
- Listen to everyone;
- Speak to everyone;
- Talk to someone I trust if I'm unhappy about anything at my club;
- Substance use / abuse:
 - All players must abide by the Scottish Hockey Anti-Doping Rules
 - All players must not use illegal substances whilst at club events or whilst representing the club
 - All players must not promote the use of illegal substances;

Hockey is a great team sport to be involved in and your conduct is central to enjoyment of the game. Particularly be aware of how your actions affect those of your team-mates and opposition.

‘Lead, do not follow’ - play your part and do your best.

Spectator Code of Conduct

In addition to our Player Code of Conduct we also have a Spectator Code of Conduct:

- All spectators must respect players, coaches and officials and their decisions. The use of bad language or negative comments which may cause offence will not be tolerated. Spectators displaying these kinds of behaviours will be asked to leave the pitch and the Club reserves the right to ask the relevant player to leave the Club. This covers training sessions and matches and also applies to the use of Social Media;
- Spectators should applaud good play on both teams;
- Spectators should be role models congratulating opponents and making their players and coaches feel welcome;
- Listen to everyone;
- Speak to everyone;



HOCKEY FOR ALL – INCLUDING PARENTS!

Parents of our youth players are invited to come along to our social hockey sessions.

Whether you're a beginner or have not played for a few years, you are welcome at social hockey, which is a fun and flexible way to meet new people and keep active.

We run three different sessions:

Ladies' only
Mixed over 25s
Over 50s walking hockey.

See our website for further details.

WELCOME

Paul Bowyer | President

T: 07782326109

E: president@inverleith-hc.co.uk