



WELCOME

INVERLEITH HOCKEY CLUB



ADULT WELCOME PACK
SEASON 2023/24



WELCOME TO INVERLEITH HOCKEY CLUB

We are Edinburgh's hockey club for everyone.

We have a 100 year old history of being an inclusive, family-orientated club.

With hockey programmes for under eights through to veterans, catering for everyone from social players to internationalists, we are a club for any player.

Welcome to or welcome back to Inverleith Hockey Club!

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THE BIG PURPLE PRINT

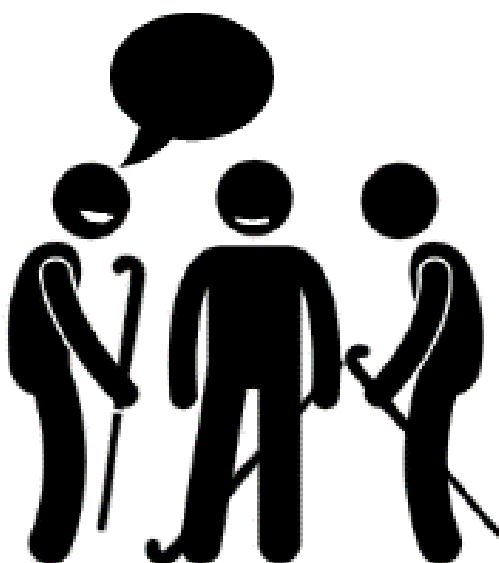
OUR WAY

Our Purple family places a lot of importance on two community building behaviours, and this season we will be asking everyone to live by them.



LISTEN TO EVERYONE

We give anyone speaking our undivided attention and respect.



SPEAK TO EVERYONE

We speak to and grow relationships with everyone.



THE SMALL PURPLE PRINT



WE NEED YOUR HELP

We are an amateur sports club, who has a few paid coaches but whose life blood is volunteers. Our membership fees reflect this.

The different roles we need are not onerous and can even be done by rota/in combination. Areas we need help with:

- Coaching
- Umpiring
- Administration
- Club communication
- Fundraising

If you are interested in helping out in some capacity, please email inverleith.secretary@hotmail.com. It will be massively appreciated!



KEY DATES - 2023/24 SEASON

Early July	Pre-season fitness training starts	31 Jan	Subscription 2nd instalment due
1 Aug	Training starts – M1, L1	9 Dec-3 Feb	SH Indoor hockey leagues
w/c 14 Aug	Training starts – other teams	Sat 17 Feb	SH Outdoor leagues resume (L1, M1, M2)
Sat 19 Aug	Adult Section Club day	23 Mar	East District leagues end (L2-4, M3-4)
Sat 26 Aug	Outdoor friendly matches start	4&5 May	SH Cup Finals
Sat 16 Sep	Outdoor league matches start	11 May (tbc)	End of Season Dinner & Awards
30 Sep	Subscription 1 st instalment due	13 May (tbc)	Mixed up Mondays starts
Sun 26 Nov	SH Outdoor league winter break	21 May (tbc)	Annual General Meeting
w/c 27 Nov	Indoor hockey training starts		

WHAT OUTDOOR HOCKEY IS ON OFFER?

COMPETITIVE HOCKEY

We have outdoor training for all players, whatever their ability or aspirations, led by our team of coaches.

Throughout the season, all players involved in competitive hockey will also play in friendly matches, tournaments, leagues or cup competitions.

There are weekly matches on Saturdays for all teams apart from Social Hockey.

Men's Training

Team	Training Day
Men's 1s	Tuesday Thursday
Men's 2s	Tuesday Thursday
Men's 3s	Tuesday (main) Thursday (extra)
Men's 4s	Tuesday

Ladies' Training

Team	Training Day
Ladies' 1s	Tuesday Thursday
Ladies' 2s	Monday (extra) Wednesday (main)
Ladies' 3s	Wednesday
Ladies' 4s	Wednesday

Go to our website www.inverleith-hc.co.uk for up-to-date training times and venues.

SOCIAL HOCKEY

Team	Day	Time	Venue
Men's Veterans (35+)	Mondays monthly	19:30-21:00	Goldenacre
O50s Walking Hockey	Tuesday	11:55 – 13:00	Peffermill
Ladies' Social Hockey	Thursday (summer) Monday (winter)	19:15 – 20:15	Edinburgh Academy Newfield Pitches
Mixed Social Hockey	Monday (May-July)	18:45 – 20:15	Edinburgh Academy Newfield Pitches
The Rivelin – Summer Slam 6-a-side league	Thursday (Jun-Aug)	Various	Peffermill

WHAT INDOOR HOCKEY IS ON OFFER?

We have indoor hockey for anyone keen to play over the winter months... and we love it. Our Men's 1s and Ladies 1s are in the top domestic leagues, with our Men being 6 time national champions, and we also run Men's 2s and 3s teams.

There is no additional charge for adult members to play indoor hockey. U18 novice indoor players will be asked for an additional fee to help pay for hall hire and coach. (see subscriptions page)

MEN'S INDOOR TRAINING

Team	Day	Time	Venue
Mens 1 & 2	Monday (from 27 Nov)	20:00-22:00	Jack Kane Sports Centre
Men's 3	Monday (from 27 Nov)	19:00-20:00	Jack Kane Sports Centre
Boys U18 (Novices)	Fridays (from 11 Nov)	18:00-19:00	Bangholm Trinity Academy (additional charge)

LADIES' INDOOR TRAINING

Team	Day	Time	Venue
Ladies' 1	Tuesday (from 27 Nov)	20:00-21:00	Jack Kane Sports Centre
Girls U18 (Novices)	Friday (from 11 Nov)	19:00-20:00	Bangholm Trinity Academy (additional charge)

INDOOR SEASON MATCH DATES:

Scottish Hockey indoor leagues
December 9th 2023 – February 3rd 2024.

Men's teams play weekly matches on a Saturdays. Ladies play on Sundays.



SUMMER HOCKEY

Don't worry the hockey doesn't stop! We have our own summer hockey club called The Rivelin that gives us our hockey fix over summer.

Mixed Up Mondays: Every Monday May to July we run a family summer hockey night where we book a pitch, play some hockey between whoever turns up and light up the BBQ.

Mixed Summer Slam: Every Thursday from June to August we play in a local 6 a side league against other clubs/groups.

To stay up to date with our summer hockey join this Facebook group:

<https://www.facebook.com/groups/319025404897031/>



WHERE ARE WE?

We play near where the club was founded, Inverleith Park.

HOME PITCH ADDRESS:

Edinburgh Academy Newfield
2 East Fettes Avenue
EH4 1DL

#ThePark

We also play at:

University of Edinburgh Sports Ground
Peffermill Road
EH16 5LL

The Mary Erskine School
Ravelston Dykes Rd
EH4 3NT

Banghom Trinity Academy Sports Campus
23 Craighall Gardens
EH6 4RJ



WHAT SOCIALISING IS ON OFFER?

POST MATCH

Members have use of the club house at Ferranti Bowling club:

- Cheapest bar in Edinburgh
- Kitchen for team meals
- TV
- All your team mates

Where: Ferranti Edinburgh Bowling & Pentanque Club. 7 Arboretum Place, Edinburgh EH3 5NY

CLUB SOCIALS

Get ready for..

12 Pubs of Christmas

Ceilidh

Race Night

Club End of Season Dinner

Golf Outings

Karaoke Night



CLUB KIT

Our club are proud to wear Purple, and bar a wartime shortage of purple fabric, have done so for over 100 years!

Our club kit is sourced for us by the fantastic PSL Team Sports and will be available for you to purchase, via an online club shop and in person, at PSL's Edinburgh Shop.

<http://www.inverleith-hc.co.uk/club-shop/>

Please help us reduce clothing waste.

We try to source good quality, durable kit which should last many years. Apart from a playing number, please resist any personalisation, so it can be passed on to others if you no longer need your purple robes.

Older versions of Inverleith kit never go out of style. There is no need to buy new kit should our suppliers update stock lines.



CLUB KIT

Our stores:

- <http://www.inverleith-hc.co.uk/club-shop/>

For issues regarding kit please contact
getyourpurplerobes@gmail.com

What items am I expected to own?

- Home top, skorts/shorts and socks

What personalisation can I get on kit?

- Numbers not names. Numbers will be issued by the club. If you need a number, **YOU MUST** email getyourpurplerobes@gmail.com to be issued one, this is to prevent number duplication across club.
- We recommend no personalisation so that your kit can be passed onto others.



REGISTRATION

REGISTER WITH INVERLEITH

To join or rejoin our club you must complete Inverleith HC's annual registration form.

Players under 18 (even if playing in adult teams)

- www.inverleith-hc.co.uk/youthreturnform/

Players 18 and over

- www.inverleith-hc.co.uk/adultregistrationform/

You must be registered before playing league matches for the club.

REGISTER WITH SCOTTISH HOCKEY

Our governing body Scottish Hockey now requires all hockey club members aged 18 and over to register themselves on its new Game Management System (GMS).

Please register here using Chrome browser:

gms.scottish-hockey.org.uk

TRANSFERRING FROM ANOTHER CLUB?

First register on SH's GMS with your former club. Then request a transfer to Inverleith.

SUBSCRIPTIONS

COMPETITIVE HOCKEY FEES

(determined by age as at 1st January 2024)

- Aged 24 and over: £270
- Student/Unemployed/O60: £200
(Unemployment rate applies when you have been unemployed for two or more consecutive months)
- Aged 18-23: £200
- Under 18s playing adult hockey: £200

ADULT INDOOR FEES (2ND CLUB):

- For those not already an Inverleith member: £100
- £100 due before 31 Dec 23

SOCIAL HOCKEY FEES

- Ladies Social £4.50 per session
- Walking Hockey £4 per session
- Summer Slam £5 per match
- Men's Veterans match fee applies

PAYMENT DETAILS

Account Name: Inverleith
Hockey Club

Account Number: 06001708

Sort Code: 80-02-28

Reference: Subs-FIRST NAME-
SURNAME

One payment per player. This helps
keep our administration easy.

INSTALMENT OPTION

You can pay subs in two instalments.

- 1st instalment due before 30 Sep 23: £155 full or £120 concession
- 2nd instalment due before 31 Jan 24: £115 full or £80 concession

Payment can be made in monthly
instalments by special arrangement,
please contact our treasurer to
discuss:

inverleithtreasurer@gmail.com



COMMUNICATION

PITCHERO

We will be managing our season using the sports management app Pitchero. You will be sent weekly prompts to mark your availability for training and matches. Please reply Yes or No straight away, it really helps your team administrator. It is even easier if you download the free app! If you are new to the club we will invite you to join Pitchero.

<https://www.pitchero.com/clubs/inverleithhockeyclub/>

SOCIAL MEDIA

Facebook Page: Our main community hub. Follow for club news and events!

Instagram: Your insight into club life! Follow for photos and videos from around the club.

Twitter: Another feed for club news!

Twitter: @Inverleithhc

Facebook: Inverleith Hockey Club

Instagram: Inverleith Hockey Club

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COMMUNICATION

MEMBERS FACEBOOK GROUP

The club has a Members Facebook Group. This group serves as a forum, out of the public eye, for club discussions about anything from training cancellations, arranging club events to organising umpires. We recommend joining this community.

<https://www.facebook.com/groups/461196747381937/>

.WEB SITE

The Inverleith Hockey Club website can be found at:

<http://www.inverleith-hc.co.uk/>

Good for general information about the club.

KEY CONTACTS

CAPTAINS

Your team captain is your first club contact point. You can find out who your captain is by looking the contacts page of the club's Pitchero site.

PLAYING MATTERS, SELECTION, NEW MEMBER ENQUIRIES

Ladies' teams Rosina Barton: ladiesvp@inverleith-hc.co.uk

Men's teams Sean Stewart: mensvp@inverleith-hc.co.uk

SUBSCRIPTIONS & FINANCE

Treasurer David Barton: treasurer@inverleith-hc.co.uk

REGISTRATION, PLAYER TRANSFERS

Secretary Lesley Wight: secretary@inverleith-hc.co.uk

CLUB KIT

Kit Secretary Lesley Campbell: getyourpurplerobes@gmail.com

COMMUNICATIONS & SOCIAL MEDIA

Communications Matt Christie & Sophie Charlton: purpleandwhitemedia@gmail.com

CHILD PROTECTION & WELFARE OFFICER

Paul Bowyer paulbowyer@live.co.uk



CODES OF CONDUCT

PLAYER CODE OF CONDUCT

A code designed to ensure we all know how to behave when representing the club both in club kit and beyond. When completing our online registration form you will be asked to sign up to this code.

The following Codes of Conduct are based on the concept of fair play, defined by:

- Respect for the rules of Field Hockey as governed by the FIH and as directed by Scottish Hockey;
- Respect for the officials and their decisions, always;
- Respect for all participants, including team-mates, coaches, opponents, parents, carers and spectators;
- Equality in participation;
- Maintaining positive self-control, at all times.

PLAYER CODE OF CONDUCT

- Make our sport fun and enjoyable, first and foremost;
- Play fairly and encourage your team-mates;
- Display good sportsmanship at all times;
- Never threaten players or officials;
- All players must play within the rules and respect officials and their instructions and decisions;
- Never use foul or abusive language to either your team-mates, officials, spectators or opponents;
- Respect the choices of all members;
- As a representative of Inverleith Hockey Club, you must behave well and in an appropriate manner at all times;
- Police each other. Set an example for yourself and all to follow;
- Pay any fees for training or events promptly;
- Do not use social media as a platform to be abusive to other members of the club, opponents or officials. This will not be tolerated;

PLAYER CODE OF CONDUCT

- Reply promptly to match invitations;
- Keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late;
- Wear suitable kit for training and match sessions, as agreed with the coach/team manager;
- Engage with what my coach tells me. Take ownership of your development;
- Listen to everyone;
- Speak to everyone;
- Talk to someone I trust if I'm unhappy about anything at my club;
- Abide by our Covid-19 Guidelines;
- Substance use / abuse:
 - All players must abide by the Scottish Hockey Anti-Doping Rules
 - All players must not use illegal substances whilst at club events or whilst representing the club
 - All players must not promote the use of illegal substances;

Hockey is a great team sport to be involved in and your conduct is central to enjoyment of the game. Particularly be aware of how your actions affect those of your team-mates and opposition.

'Lead, do not follow' - play your part and do your best.

SPECTATOR CODE OF CONDUCT

In addition to our Player Code of Conduct we also have a Spectator Code of Conduct:

- All spectators must respect players, coaches and officials and their decisions. The use of bad language or negative comments which may cause offence will not be tolerated. Spectators displaying these kinds of behaviours will be asked to leave the pitch and the Club reserves the right to ask the relevant player to leave the Club. This covers training sessions and matches and also applies to the use of Social Media;
- Spectators should applaud good play on both teams;
- Spectators should be role models congratulating opponents and making their players and coaches feel welcome;

WELCOME

Inverleith Hockey Club

www.inverleith-hc.co.uk